Twirling blades, hot lead; what more do you want?

By Spc. Jon Christoffersen Iguana Editor

With 2,800-feet-per-second-lead raining down from aircrafts slicing through the Honduran air and the possibility of wild fires sparking up all around you, Operation Fire on the Mountain III can be a dangerous place to be if you're a stationary target.
Oct. 22 through 26 saw the execution of 1st

Battalion, 228th Aviation Regiment's aerial gunnery, also known as operation Fire on the Mountain III.

According to Maj. Kent Sylvester, 1-228th S-3, "The purpose of the overall range is to give the crew members familiarization with the firing techniques needed to employ fire on a stationary target from a moving platform, in case we come into a hot (landing zone) during our (counternarcotic) missions.

Requirements for UH-60 Black Hawk



Photo by 1st Lt. Richard Komurek

A CH-47 Chinook helicopter from 1st Battalion, 228th Aviation Regiment, dumps water on a fire started during aerial gunnery Oct. 25.

See Gunnery,
Page 7



Photo by 1st Lt. Richard Komurek

Pull, pull, pull ...

Honduran Army Colonels Marco Carranza, Jose Ramos Guzman and Jeronimo Barahona pull their end of the rope during the tug-of-war event Saturday at the Colonels' Day. The event was held to promote commradery. See pages 4 and 5 for complete story and pictures.

CFC drive helps national, international charity organizations

By Master Sgt. Jeff Bohn Public Affairs Superintendent

America has vowed to not bow down to terrorism and the horrendous events of Sept. 11, and the task force is also rising to the occasion through servicemember support of the national Combined Federal Campaign that kicked off Oct. 22 here at Soto Cano and runs through Nov. 15.

CFC is the largest single fundraising drive for national and international charity organizations in America, and with the leadership of Capt. Darryl Hines, deputy J1 personnel officer, quarterbacking this endeavor the base will surely make an impact.

Hines said the goals of the campaign are four-fold: inform, educate, incentives and contact.

The first goal is to "make soldiers and airmen aware of the CFC campaign slogan, 'Make a World of Difference,' Hines said. The next goal is to educate servicemembers on what CFC is all about and reward the unit and individuals that rise to the occasion. One hundred percent contact of the entire JTF-Bravo is the final goal.

Assisting Hines in reaching the task force's goals are 12 teammates representing all the Soto Cano units. A probowl, all-star cast should be making their way around the sections with pamphlets and information about thousands of charity organizations. Judging by the selection of charitable areas there is something for everyone, no matter how selective one might be.

The avenues for donating are simple. Writing a check is the quickest, but most people find that a few dollars each month

Base CFC Representatives

ARFOR: 1st Lt. Poteet. **MEDEL:** Sgt. Roettger. 1-228th: 1st Lt. Cobbs JSF: Tech Sgt. Delgado. ARFOR: Master Sgt. Hauser, Master Sgt. Swanson **AFFOR:** Tech Sgt. Delgado, Tech. Sgt. Wright, Staff Sgt. Dennis, Staff Sgt. Manzanares, Senior Airman Kundert J-Staff: 1st Lt. Zuzolo

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JTF-Bravo

Commanders Corner JTF-B prepares for New Horizons

By Lt. Col. Kevin Tate *J-7 Director*

While the year is slowly winding down, Joint Task Force-Bravo's work to support one of its primary missions is quickly ramping up. As the calendar turns to January 2002, JTF-B will focus attention on supporting the Joint Chief of Staff's annual humanitarian and civic assistance exercise - New Horizons.

The New Horizons, or Nuevos Horizontes, exercise program is a combined, joint field training exercise with the purpose of improving joint training readiness of U.S. engineer and medical units, while making infrastructure improvements to some of the most remote and disaster-stricken areas in Central America, South America and the Caribbean. The goodwill and lasting improvements made during these exercises are key components in the execution of JTF-B's and U.S. Southern Command's mission of promoting stability and regional cooperative security in the area.

These exercises include repairing or building roads and bridges; repairing or building schools, medical clinics, and other public facilities. Additionally, the exercises often provide medical and dental care in remote areas of the joint operations area by coordinating training with medical readiness training exercises. While these exercises have a significant impact on the local people and economy, the primary objective remains providing excellent, comprehensive training opportunities to U.S. military personnel.

U.S. Army South Command provides command oversight during the planning stages for the exercises that continues thru November and December as each task force conducts final leader recons and prepares to deploy. When the units arrive in theatre in the mid-January time frame, that relationship will change, and the task forces will come under the operational control of JTF-B until they complete their missions and redeploy

to home station. With the J-7 shop as the lead, representatives from across the staff and major subordinate commands have been meeting weekly since September to plan the support for their arrival and mission success. This JTF-B work group will develop operation orders, provide staff assistance visits and conduct construction quality assurance inspections throughout the execution phase. And perhaps most importantly, document lessons learned to share with units selected for future missions

While elements of JTF-B are busily preparing for this year's exercises that will be conducted in El Salvador and Nicaragua, they have plenty of experience to draw upon. In fact, deployed U.S. engineer units constructed the majority of the offices and hootches, as well as many other facilities on Soto Cano Air Base, during the early stages of the exercise program. Since the program started, deploying units have built or repaired over 125 schools and clinics, 25 bridges, 600 kilometers of roads, and drilled and emplaced 65 fresh water wells throughout JTF-B's area of operations.

While almost exclusively active-duty units during initial exercises, over the years the program has transitioned such that most deploying units now come from the National Guard and Reserve. For the 2002 exercises, the Wisconsin Army National Guard will command Task Force Chontales in Nicaragua, while the 65th Reserve Support Command from Puerto Rico will provide the leadership for Task Force Oxelotlan in El Salvador.

During the exercises, numerous Reserve, Guard and active duty units from all services will rotate into El Salvador and Nicaragua from 25 different states and Puerto Rico to perform missions during their two-week annual training period.

With an average task force strength of approximately 450-600 personnel, deploying units this year will build or renovate 8 clinics and 11 schools, emplace 8 water wells, and conduct 7 medical/veterinary training exercises.



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Chaplain's Corner

Continued from last edition: Remembering the Reformation

By Chaplain (CPT) Earl Vanderhoff JTF-Bravo Chaplain

In his preaching Luther set forth three great distinctives: (justification by faith alone); (salvation by grace alone); and (the Bible alone as the source of the believer's authority for doctrine and practice). He also had much to say about the priesthood of the believer. Every believer was a priest and had the right to go to God directly; Christ was the only mediator between God and humanity.

Moreover, all believers had the right to interpret the Scripture for themselves under the guidance of the Holy Spirit. God spoke directly to the believer-priest through His Word; believers could address God directly in prayer and especially in their songs. Luther gave the German people not only a Bible in their own tongue, but also a hymnbook. In his hands the hymn became a powerful spiritual weapon, and he became the father of evangelical hymnody.

and he became the father of evangelical hymnody.

HULDREICH Zwingli (1484-1531) sparked the Reformation in Germanspeaking Switzerland. After becoming priest in the cathedral of Zurich (1519) Zwingli gradually became more open about his views. He broke with the pope and married, and preached openly against celibacy. Popular feeling was roused to such a point that the city council felt that it was necessary to appoint a public meeting for the discussion of religious subjects. When it convened, Zwingli presented his

Sixty-seven Articles and was so convincing that the council declared that thereafter all religious teaching was to be based on the Bible alone and that the state would support this principle. The council also dissolved the Zurich monasteries and took control of the Great Minster (the Cathedral). Tremendous changes followed; many priests married and set aside the mass. Some thought the evangelical movement had gone too far, but the city council stood behind the Reformation and eventually abolished the mass and image worship altogether (1525).

John Calvin (1509-1564) was the great second generation Reformer. Thus, he could benefit from the work of such leaders as Luther, Zwingli, and Bucer. His conversion probably dated sometime during 1533. Calvin says it was sudden, through private study, and because he failed to find peace in absolutions, penances, and intercession of the Roman Catholic church. Soon thereafter he and some of his friends were caught up in an anti-Protestant drive.

Early in 1534 he was imprisoned for his faith twice. Late in the year Francis I of France imprisoned hundreds of Protestants, burning thirty-five of them at the stake, and executing Calvin's own brother. And at Basel in 1536, at the age of only twenty-six, Calvin published the first edition of his Institutes of the Christian Religion; the last edition (1559) was four times the size of the original.

As he passed through Geneva (a city of about 10,000 at the time) William Farel

See Chaplain, Page 7

Air Force Chiefs brief troops on current issues

By Master Sgt. Jeff Bohn Public Affairs Superintendent

Forty hours of time isn't much considering we sleep a good portion of that time away, but two distinguished visitors made the most of it on their visit to Air Force Forces here at Soto Cano Oct. 24 to 26.

Command Chief Master Sergeants Daniel Keane of Air Combat Command Headquarters in Langley, Va., and Gary Coleman of 12th Air Force, Davis-Monthan AFB, Ariz., spent the time wisely with the chiefs giving information from on-high and fielding questions and concerns from troops to bring back to their commanders for consideration.

Culminating with an enlisted call in the Soto Cano theater, both chiefs gave philosophy on working issues and fielded a variety of questions from Soto Cano airmen.

Current issues that were briefed included:

- A review of E-8/E-9 selection procedures for pro-
- Keeping the number of STEP promotions at the current Air Force level of 422
- \bullet The increase of the Air Force Retirement Home fee from \$0.50 to \$1
- Staff sergeants promotions to stay at the 59 to 69 percent level for the next few years
- Airman Leadership School waivers for a select few who are deployed during pin-on time
- Stop Loss: can't let people go when the force is calling up Guard and Reservists

Issues that are three to six month away included:

- Revising the family housing standard to improve quality of life
- Reviewing the evaluation process to improve the inflated enlisted promotion report
 - Review force structure issues as promotions

change the current structure

• Look E-5 through E-8 promotions and how they impact senior NCO responsibilities

On the scope in the future included:

- Athletic and military clothing allowances that may mean an athletic uniform similar to the Army's program
- Spouse employment program is moving forward with test bases at Lages Field, Azores; and Cannon AFB, N.M.

During the briefing, each chief took opportunities to show appreciation to Soto Cano's airmen on the fine job they do here under the remote austere conditions and remind the airmen that they aren't forgotten or their interests aren't represented.

For more information on Air Combat Command's pressing issues, subscribe to their e-mail service to receive periodic articles and updates on pending issues at: www2.acc.af.mil/accnews/getnews.html.

MEDEL requiring blood test for troops returning to U.S.

By 1st Lt. Bridget McIlwain MEDEL

As I am sure many of you have heard around base, the MEDEL is now requiring a new blood test before returning to CONUS. Like many other times in our military careers, we linup

a n d r o l l up our sleeves without really knowing what tests are being taken. Here is some information on this newly required test, and also answers to some fre-

quently asked questions.

G6PD tests for an inherited deficiency of an enzyme in the blood called glucose-6-phosphate dehydrogenase. Although most have never heard of G6PD deficiency, it is very common, affecting millions of people worldwide. The importance of the G6PD blood test cannot be overstressed, nor can the importance of taking and completing malarial prophylaxis.

Certain drugs enter the blood stream and prevent the oxygencarrying molecule (hemoglobin) from providing oxygen to your body's cells. Normally, G6PD would

counteract this, thereby allowing the hemoglobin to function properly. Individuals who are G6PD deficient run a risk of developing anemia when taking these drugs. One of the drugs is

ing these drugs. One of the drugs is
Primaquine, given to all servicemembers redeploying back to
CONUS. It is a different kind of
malaria drug other than
the Chloro-

y o u a r e currently taking. While Chloroquine acts against malarial parasites in the blood, Primaquine destroys any parasites that may be living in the

quine

MEDEL is currently drawing the G6PD test for all soldiers on Thursdays only from 8:30 to 11:30 a.m. Lab specimens can only be drawn on Thursdays due to shipping restrictions and the time window for processing of specimens. All Air Force personnel should have had this testing done upon entering active duty. It takes approximately four weeks for results, so plan ahead before redeploying. need three milliliters of blood and will try to make it as painless as possible. Please feel free to ask any additional questions when you

come in for testing.

Postal guidance protects against mail hazards

In light of recent national events regarding anthrax exposures to private and government agencies, it is important for servicemembers and their families to know the proper protective actions for this threat.

The United States Postal Service has provided some guidance to help educate mail customers on mail hazard identification and procedures for contaminated mail.

What constitutes a suspicious parcel?

Historical factors that should trigger suspicion include parcels that:

- Are unexpected or from someone unfamiliar to you.
- Are addressed to someone no longer with your organization or are otherwise outdated.
- Have no return address, or have one that can't be verified as legitimate.
- Are of unusual weight, given their size, or are lopsided or oddly shaped.
- Are marked with restrictive endorsements, such as "personal" or "confidential."
- Have protruding wires, strange odors or stains.
- Has a postmark location that does not match the return address, or has no return address.

What should I do if I receive a suspicious piece of mail?

- Do not handle the piece of mail.
- Notify your supervisor and contact military police or local law enforcement.
- Damaged or suspicious packages should be isolated and the immediate area cordoned off.
- Have all persons who have touched the mail piece wash their hands thoroughly with soap and water.
- List all persons who have touched the letter and/or envelope.

- Provide the list with contact information to responding law enforcement agents.
- Place all items worn when in contact with the suspected mail piece in plastic bags and keep them wherever you change your clothes; have them available for law enforcement agents.
- As soon as practical, shower with soap and water.

Additional postal security requirements:

- U.S. Postal Service customers will notice additional security measures and requirements.
- Mail collection boxes on unguarded installation were modified to accept only letter mail, including mail collection boxes and letter slots installed in buildings.
- People who mail items must present an official identification card. When other authorized customers are not issued official government ID cards then U.S. passports in conjunction with an approved corporate ID may be used.
- Postal officials must ensure the identity is the same as that shown in return address. If it is not, the sender must endorse the item under the return address with "mailed by" and signature.

This information is not the result of a specific threat against the military, however, recent events make it imperative those military activities and commands with official and personal mail operations ensure mail security procedures are followed. Additional information can be obtained at the U.S. Postal Service Web site at www.usps.com. Servicemembers and other military postal customers are encouraged to share this guidance with their families and friends to prevent problems with the mail.

(Editor's note: Information compiled from the United States Postal Service)

JTF-Bravo



Services, nations come together for day of fun

By Spc. Jon Christoffersen Iguana Editor

Jogging with a litter, swimming 50 yards, blindly kicking a soccer ball, and teams demontrating strength during a tug-of-way.

These were just some of activities senior officers from the Honduran and American militaries participated in during Dia de Coroneles en Hermandad, or Colonels' Day Saturday here.

The colonels first came together with airborne troops from both armies to participate in and observe a multinational airborne jump. Unfortunately, the wind picked up and the jump had to be cancelled. The set back was only temporary as the participants quickly moved onto the next event.

The team scooped up their military litter, and started jogging towards the swimming pool. About one-half mile later, they got dropped the litter and dove into the chlorinated water to swim 50 yards. Upon all team members finishing the swim, the teams went to the running track to run one lap which was made more difficult because they had to kick a soccer ball around it with them.

After managing around the track with the ball, the teams had to get to the starting point of the bike relay. Around the designated course, the teams powered their bikes trying to rack up the best time. From the strength test of the bicycling they went into a skill competition.

With blindfolds securely blocking their visions, the teams had to kick a soccer ball into a goal. With those events being accomplished, the seven teams headed to a sections of the field where the fire department just happened to spray water just moments before.

On the wet grass, teams came together to pull with everything they had to bring their opponents across the line in a tug-of-war.

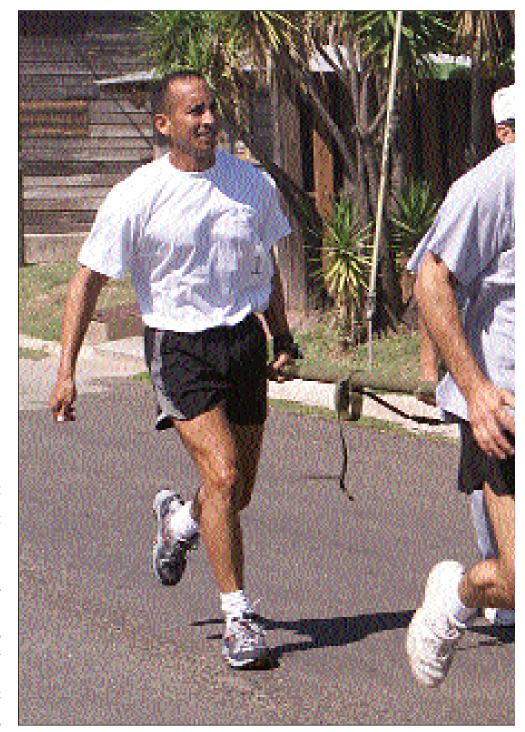
Once all of the events were completed, the participants came together to eat a barbeque lunch and visit with one another. Col. Michael Okita, JTF-Bravo commander, who hosted the event said, "the primary effort was to bring the colonels of the Honduran and American armies together in comradery."

The events were coordinated with a lot of help of DynCorp and MEDEL.

"MEDEL provided the major support for the events the colonels participated in," Okita said.

After the lunch was completed, thecolonels all gathered to recognize the winners of the competition with a trophy and other prizes. After all was said and done, the competition wasn't the point of the events, but more the friendships that are formed during the events.

"This was a spectacular morning and a great time to spend time with our Honduran friends," Okita said.



Col. Michael Okita and Navy Capt. Peter Husta, MILGROUP Navy Section Chief, ry to a tug-of-war before sitting down together for a barbeque lunch. The airborr



Photo by 1st Lt. Richard K

JTF-Bravo

Nov. 2, 2001



Photo by 1st Lt. Richard Komurek

their team during the litter carry. The participants competed in six events ranging from the litter carhad to be cancelled due to wind over the drop zone.

During the bike relay, one participant, left, had to carry the bike back to the finish line due to a flat tire.

Right, team members assist others in lining up the soccer ball before kicking it during the blindfold soccer ball kick.



Photo by 1st Lt. Richard Komurek

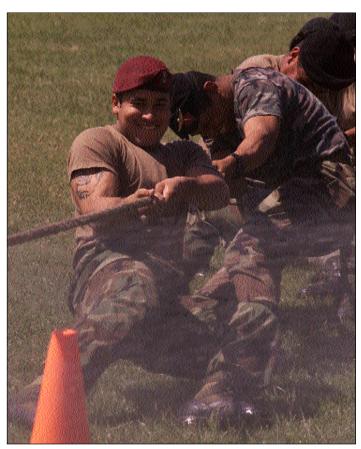


Photo by Spc. Jon Christoffersen

Members of the Honduran Army teamed up with MEDEL members to beat the colonels in the second tug-of-war.



Photo by Spc. Jon Christoffersen

A member of team two swims the 50 yards which was the event after the litter carry from the airfield.

JTF-Bravo

Soldiers to soon access personnel files online

By Staff Sgt. Marcia Triggs Army News Service

WASHINGTON — Sergeants first class being considered for promotion will be among the first to access their Official Military Personnel File online, beginning Nov. 15

"We're going to empower our soldiers," said Col. William Mansell, deputy to the adjutant general at the Total Army Personnel Command. "Soldiers will have control over accessing their personal files and making sure the file is accurate."

The Web site will be introduced to the rest of the Army incrementally, mainly to noncommissioned officers appearing before senior selection boards, Mansell said. The site will be accessed through the Army Knowledge Online portal, and only soldiers with an AKO account will be able to review their files, Mansell said

Staff sergeants being considered for sergeant first class in June and sergeants major being considered for command sergeants major in October will be among the next to gain access to OMPF online, said Frederick Ziegler, deputy commander of the Enlisted Records and Evaluation Center, known as EREC.

Master sergeants being considered for sergeants ma-

jor will also be able to review their records online, and so will those being considered for attendance to the sergeant major course.

Currently there are operational test sites for OPMF Online at Fort Lewis, Wash., and Camps Humphreys and Red Cloud, Korea. Some units at Fort Bragg, N.C., will also gain access in January, Ziegler said.

Soldiers at test sites are able to review their records online if they are using computers with client addresses that have been authorized by EREC, said Maj. Mitchel Hudson, chief of the Information Supply Activity for EREC.

"NCOs will only be able to log on to the site if it has been determined that they are being considered for promotion," Hudson said. "Before the selection board convenes, an OMPF Web site will be published. When someone logs on using their AKO account, we will check their Social Security Number to make sure they're eligible to use the site."

A complementary feature to OMPF Online is Field of File, which is a digital sender that works like a fax machine. Changes to personnel files will not be able to be made online, but Field of File will make correcting discrepancies in one's personnel files easier and faster, Mansell said.

Field of File is also operational at limited test sites. When soldiers at those test sites fax documents to

EREC, network administrators input the data into the system, and the next day soldiers will see a digital picture of that document in their OMPF, Ziegler said.

This program will eliminate the need for soldiers to request a microfiche of their files, but the capability will still exist.

Currently, soldiers who want to review their files must request that a microfiche of their personnel records be mailed to them. It usually takes four to six weeks to receive the microfiche.

OMPF Online is currently being set up for enlisted soldiers - sergeants and above.

"Our focus right now is going to be on taking care of our enlisted soldiers because they comprise most of our armed forces," Mansell said. "We will eventually expand the program to officers."

OMPF benefits the enlisted field tremendously because it will help soldiers better prepare for the promotion board, Mansell said.

"Soldiers don't realize that not only is it important that they review their files for professional development, it's an Army requirement," said Sgt. Maj. William Hursh, the sergeant major to the Adjutant General at PERSCOM. "Soldiers have to ensure that their packets are complete and up-to-date, so that promotionboard members can select the best qualified soldier for promotion."

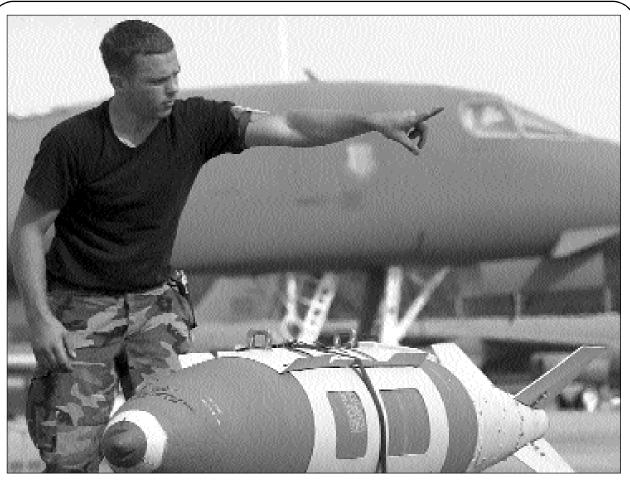


Photo courtesy of Air Force Link News

Ready to load ...

An Air Force weapons loader from the 28th Air Expeditionary Wing gives a signal that the 2,000 pound bomb he prepped is ready for loading on a B-1 bomber Oct. 22, in support of Operation Enduring Freedom. Air Force B-2, B-1 and B-52 bombers have expended more than 80 percent of the tonnage dropped on combat missions of Afghanistan. The Air Force has flown more than 600 sorties including strikes missions against al Queda and Taliban targets in Afghanistan. These targets include early-warning radars, ground forces, command-and-control facilities, al Qaeda infrastructure, airfields and aircrafts. Recent bombing has focused on Taliban frontline ground troops.

AF Chief of Staff sets agenda in wake of Sept. 11

By Airman Basic Chad Tarpley 12th Flying Training Wing Public Affairs

RANDOLPH AIR FORCE BASE, Texas — The Air Force chief of staff talked about the future of the post-Sept. 11 Air Force during a "troop talk" session here Oct. 22.

Gen. John P. Jumper told the crowd of about 800 that America is facing different threats in a "new world" in which the Air Force will continue to play a critical role in national defense.

"The world is a different place since Sept. 11,"

he said. "The nation has been thrown into a time of turmoil. We have watched a transition into a new world where it's not only people in uniform who are being targeted, but civilians as well."

With ongoing involvement in homeland defense missions and Operation Enduring Freedom, Jumper said America is relying on active-duty Air Force, Guard and Reserve people to succeed in the war on terrorism.

"The nation's eyes are all upon the people in uniform to administer justice in this tragic situation," Jumper said. "This is the best time for servicemembers, because we're most appreciated by the American people and Congress. We should be proud of that."

Jumper said he plans to guide the Air Force into this "new world" by accomplishing four main goals.

"I've narrowed my main goals as the chief of staff down into four categories: transformation, readiness, retention and recapitalization," Jumper said. "These are the main categories that I think we will be focusing on as we try to reconfigure ourselves for the century we're in, especially for the terrorist world we're dealing with today."

(Courtesy of Air Education and Training Command News Service)

BRIEFS

Fire Extinguishers



Personnel who live in a wooden hooch need to look at the following picture. If you have a fire extinguisher like the one in the picture, contact Air Force Senior Airman Donald Chasey at exts. 4553/4343/4818 to have it re-

placed with a new multi-purpose extinguisher.

MWR trips

Morale, welfare and recreation has many trips planned for the month of November. An opportunity to enjoy November holidays and get a jump on your holiday shopping. Golfing, horse back riding and scuba diving are just some of the events you can enjoy through MWR. For a compete schedule of trips, visit the Soto Cano Intranet at <u>jtfb-webserver</u> and click on "MWR".

Front Gate Policy

Remember to stop and check with the gate guard when departing the base. One of their roles is to ensure proper traffic flow and control of American personnel. Also, JSF personnel will not salute in the buses.

Do you need help?

Do you have bugs in your rugs, lights out at 7 p.m. only you want to stay up past 9, or are raindrops falling on your headinside your hooch? Give the DynCorp Help Desk a call to remedy these issues. DynCorp Help Desk at ext. 4584 is available 24-hours each day to report the ailments of issues concerning plumbing, electrical, pest, and a host of other issues dealing with your hooch or the structures on base. If you call in a job, record the job order number for following up on the work. Many items are responded to immediately if they are classed as an emergency work order. Many jobs are completed within 24 hours. If you are not satisfied with the service, contact the BCE at ext. 4143.

Found Property

Several items are currently being held by JSF in the found property locker. Contact Air Force Tech Sgt. Rick Schnell at ext. 4866 or stop by building E-17 with a description of your lost property.

Chaplain

(Continued from Page 2)

persuaded Calvin to remain and help him with the Reformation there. In 1535 the Geneva city council had broken with the Catholic church and had confiscated its properties.

The following May it committed the city to "live according to God's law and God's word and to abandon idolatry," and it instituted laws against drunkenness, gambling, dancing, and the like. So when Calvin came the city was ready for a new religious order.

He prepared a catechism and articles of faith and insisted on the right of the church to exercise discipline over unworthy communicants. For the rest of his life Calvin worked tirelessly in his adopted city.

Though he held no government office and did not even gain citizenship in Geneva until 1559, Calvin dominated the city. He exercised strict discipline over the morals of

the community and drew up a new form of government and liturgy for the church. Moreover, he was largely responsible for a system of universal education for the young and programs to care for the poor and aged. And he established the Academy, later to be the University of Geneva.

John Calvin was probably the most influential leader of the Reformation era. He put much stress on education. His catechetical system for the young has been carried all over the world. And at the school in Geneva men were trained who spread Presbyterianism all over Western Europe.

In part his influence rose from the fact that Geneva generously welcomed refugees from almost every country in Europe.

Often they returned home to spread the variety of Christianity they had come to know in Geneva. It was Calvin's theology and form of church government that triumphed in the Protestant church of France, the Reformed church of Germany,

the Church of Scotland, the Reformed church in Hungary, the Reformed church in Holland, and in Puritanism in England and New England.

Calvin's biblical and theological writings also have been very influential. He wrote commentaries on every book of the Bible except the Song of Solomon and Revelation.

His Institutes of the Christian Religion became the dominant systematic theology of the Reformation in all except Lutheran lands. And he wrote numerous pamphlets on current issues.

His literary output was so prodigious that he influenced the development of modern French; he has been credited along with Rabelais as being co-founder of modern French prose.

Calvin is often called the father of the historical-grammatical method of biblical study-a method that attempts to discover what the Scripture meant to those who wrote it, and what it means according to the common definition of its words.

Gunnery

(Continued from Page 1)

crewmembers are to qualify with the M-60D machine gun annually, but 1-228th takes it one step further.

"We do it semi-annually because of the high rate of turn over here," Capt. Brian E. Peterson, 1-228th assistant S-3, said.

The first step to qualifying is academic. The crewmembers attend aerial gunnery classes where they bone-up on the knowledge needed to hit a ground target from a moving helicopter. After the classes are completed, the crewmembers attend Primary Marksmanship Instruction classes where they familiarize themselves with the M-60D on the ground. After the classes are over, it's time for the crewmembers to take to the sky and put into use what they practiced.

The crewmembers have to fire on the targets both during the day and at night looking through night vision goggles.

"(The gunners) qualify 200 rounds during the day and 200 at night," said Sgt. 1st Class Aaron Alexander, Company A, 1-228th Platoon Sgt. "There's five targets they engage and it's a

time table. If you engage the target and suppress it in under eight seconds it's 100 percent, and breaks down from there.

The pilot will call out a target and then the gunner will engage it."

According to Spc. Bryan Ambercrombie, Company A, 1-228th Black Hawk crew chief and Operation Fire on the Mountain III top gunner, the gunnery was a good experience.

"I though it was good to get behind the 60 and get more practice and familiarization with it," Ambercrombie said of his fourth gunnery range of his Army career.

The gunnery topped off Oct. 25 with a multi-ship familiarization fire, which Peterson said had nothing to do with qualifying, it just gave the gunners the opportunity to familiarize themselves with the procedures of firing with multiple aircraft in the air.

The top gunners from the regiment were Spc. Diane Reining from Headquarters Company, Ambercrombie from Company A, and Sgt. Robert Harper from Company B.

With the gunnery now complete, the stationary targets can again sleep peacefully until the next lead shower hits them.

Charity

(Continued from Page 1)

through payroll deduction won't be missed and will go a long way toward helping out an organization. Most servicemembers tip

several dollars each month at the local clubs and restaurants and don't miss it—here is an opportunity to help a charitable act in a similar way.

There are multiple benefits to donating through CFC. It is a secure program — no sending money through the mail, or wondering if it was a scam charity. All of these charities are carefully screened and the money is tracked.

This is one way to consolidate it all and spread the

payments out over time. Donations to agencies like
Ducks Unlimited, Sierra
Club, NRA and other organizations are represented through CFC and
make it convenient to
get your support to them
that would otherwise be
made through single check
payments.

Finally, the visibility of all the charitable organizations through the comprehensive pamphlet makes it easy to find charities that would otherwise go un-noticed.

Many people have wondered what relief funds are supporting the Sept. 11 relief acts — there is a whole group of them to choose from.

It takes only a few minutes to complete the form and show support to any agency deemed worthy. The drive happens once a year.

Representatives will try and make contact as soon as possible to update the numbers to Southern Command weekly. For more information visit the CFC Web site at: www.opm.gov/cfc/index.htm, or contact a unit representative.

JTF-Bravo

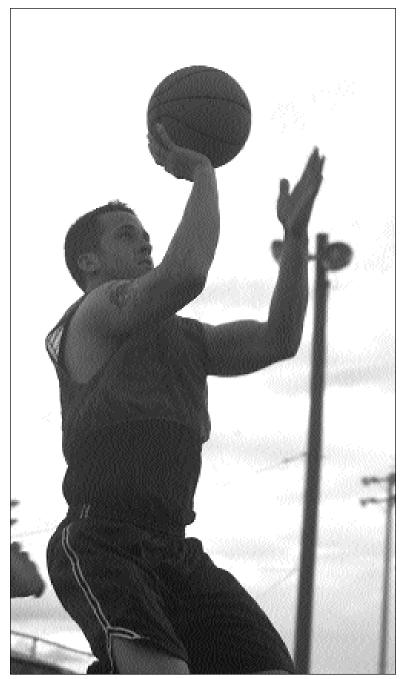


Photo by Spc. Jon Christoffersen

From downtown...

Air Force Staff Sgt. Joshua Hansen, fire department, puts up a shot during the first half of the basketball championship game Oct. 26 against 1st Battalion, 228th Aviation Regiment. 1-228th held off the Fire Dawgs 52-43 to become the champions.

FM transmitters in the gym

Morale, welfare and recreation received an FM Cardio System for the gym in August.

The system is designed to allow individuals to listen to a specific TV broadcast when wearing a radio type headset. Each FM transmitter is tuned to a FM frequency that does not have frequencies in use on either side. For example, 97.8 FM must not have a frequency in use at 97.7 for 97.9.

Each TV has its own designated frequency that should be changed only by the MWR staff. The volume level on each TV is set to prevent "spiking" the signal. The headset controls the volume. If a customer wants to watch a specific station, they can ask the MWR staff to change the channel.

For customers without their own personal headset, both cardio rooms have one designated TV which the volume is not hooked into the FM transmitter and can be listed through the TV speakers.

This system is for the customer. If you cannot hear the TV signal through your headset, inform the MWR staff and they can correct the problem.



Photo by Spc. Jon Christoffersen

Rock and roll all night ...

Khaoticos from San Pedro Sula, performed Saturday night at The Oasis as part of the morale welfare and recreation Halloween party. The party included door prizes, a band, free food and T-shirts.

How much do you know about Honduras?

By Robin Gonzalez Morale Welfare and Recreation

Honduras. We live here, we travel throughout the country, and we have friends and family here, but what do we really know about Honduras?

Do you know, for example, that Honduras means "depths?" Easy enough to understand when you realize Honduras is a land of mountains and valleys. Honduras is approximately 112,000 killometers; this equates to about the same size as Tennessee, Virginia, Pennsylvania, Ohio, or Kentucky. Honduras would fit three and a half times into California, six times into Texas, and over 80 times into the entire continental United States! On the other hand, Honduras is the second largest country in Central America and the only one without an active volcano.

Most people do not know that the first explorer to sight this land, and name it, was Christopher Columbus. He landed on the eastern most tip of Honduras, Cape Gracias a Dios, in 1502. From that time, until independence was declared in 1821, Honduras was under the rule of the Spanish. Honduras was also under the control of the British during the early 1800s when they occupied Belize, the Bay Islands and the Mosquito Coast.

Tegucigalpa can be a tongue twister, which is probably why so many people refer to the city as "Tegus," but are you aware of the origin of the capitol's name? It derives from the ancient Nahuatl language

and translates as "silver mountain" since silver was mined in the area for centuries. Are you also aware of the fact that Tegucigalpa wasn't the original capital. Comayagua was until 1880 when the capital was relocated to Tegucigalpa? There are a couple of reasons for this change. The "popular rumor" is the colonial society of Comayagua publicly disliked the wife of President Marco Aurelio Soto who took revenge by moving the capital to Tegucigalpa. In reality, politics and power struggles between Tegucigalpa and Comayagua resulted in the relocation of the capital in the late 1800s.

We know San Pedro Sula as the second largest city in Honduras and the industrial hub of the country, but did you know the city is also one of the oldest Spanish towns? It was founded in 1536 by the Spanish conqueror Don Pedro de Álvarado and was originally named "Villa de San Pedro De Puerto Caballos." It quickly became known as San Pedro Sula, with the name Sula deriving from the local dialect Usula meaning "valley of birds." On the other hand, Tela was just a small Indian village until the Tela Railroad Company began operations there in the early 1900s. For many years the Tela Railroad Company was the owner and producer of the famed Chiquita bananas andwhat is today Hotel Villa Telamar resort was the original homes for the company's executives and their families.

These are just some of the lesser-known facts about Honduras ... a wonderfully diverse, history-filled country that is ours to discover and enjoy.